

KAPPA PSI: CHI

A newsletter of Chi Chapter - University of Illinois at Chicago



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Letter from the Editors:

Greetings, Brothers!

The purpose of this newsletter is to document the growth and development of Chi Chapter and to enhance our communication with the fraternity-at-large. Since our summer edition came out, Chi Chapter has experienced many changes. We are very excited to introduce our new co-editor, Brother Albert Xu, whose writing debut in our summer newsletter, detailing his experience as a new Brother attending the chartering of Epsilon Omega, garnered much attention. We were sad to see one of our beloved GCDs, Brother Dr. Bradley Cannon, leave, as documented by Brother Jelena Saric in this newsletter, but we wish him a hearty congratulations on his exciting new opportunity as Director of Experiential Education at Rosalind Franklin University. Mid-America Province's newest chapter, Epsilon Omega, is very lucky to have him. In our newsletter, Brother Albert Xu extends a warm welcome and introduces our 3 new GCDs - Brother Dr. Latha Radhakrishnan, Grand Vice Regent of Kappa Psi, Brother Dr. Maya Campara, and Brother Dr. Louise Parent-Stevens, the first female Regent of Kappa Psi.

Our Philanthropy Committee is still going strong, with the new addition of Co-chair Brother Susan Sam, who discusses her endeavours in this newsletter. Our goal is to continue to support the International Philanthropy Project, American Red Cross, and the new Mid-America Province Philanthropy Project, Ronald McDonald House Charities.

We would like to thank all of the Chi Brothers who contributed to our newsletter as well as all Brothers who expend valuable time reading this newsletter! Special thanks to Brother Ryan Barayuga for helping with the formatting of the newsletter and Chi Historian, Brother Thuong Pham, for the photos.

Proud to Be Your Brothers,
KΨ Chi Newsletter Co-Editors,
Matt Holderly, Rebecca Mousseau & Albert Xu



Kappa Psi Pharmaceutical Fraternity, Inc.
Chi Chapter - University of Illinois at Chicago
College of Pharmacy

A Fond Tribute to Dr. Bradley Cannon

by Brother Jelena Saric

From the moment students sit in their first class to the day they can finally call themselves graduates of UIC College of Pharmacy, they are taught invaluable information by world-renowned faculty: pharmacokinetics, pharmacology, and most importantly, how to dose phenytoin. However, what is often missing is how to properly integrate that knowledge in order to transition from being students to professionals. It is professors like Dr. Cannon, who teach beyond the syllabus, who provide lessons that cannot be found in any textbook, who resonate with students even after the guidelines become outdated. It is professors like Dr. Cannon that provide us with the solid foundation upon which we can rely in a

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dynamic profession. During his tenure at UIC, he implored students to lead by example, to exhibit professionalism in all their actions, and to be confident, even when faced

with adversity. In times of need, he was always able to demonstrate your own strengths to you, even when you were most unsure of yourself. Overall, Dr. Cannon is regarded in high esteem as a professor, mentor, adviser, role model, and friend.

The impact he has had on his students is vast and immeasurable. A thank you would not do him justice. Instead we, as his students, will show gratitude by exemplifying principles that he has taught us in our everyday practice.



The Robert A. Magarian Order of the Silver Mortar
presented to Brother Doctor Bradley Cannon

Introduction of Our New GCDs

by Editor Brother Albert Xu

This Fall, Chi Chapter had the honor of welcoming back Grand Vice Regent Brother Doctor Latha Radhakrishnan as one of our three Grand Council Deputies (GCD). We had the honor of welcoming Brother Doctor Maya Campara, and Brother Doctor Louise Parent-Stevens as they joined Brother Dr. Radhakrishnan in this role. Overall, they serve as Chi Chapter's advisors and strive to improve our practice experience and to get to know us individually rather than just as students. As supervisors, their role is to ensure that as a chapter, we have high ideals and continue to promote the profession positively, while holding true to tradition and the By-Laws we have committed to.

To best introduce these Brothers and their roles as our GCDs, I interviewed them each individually and wrote a summary of their responses and what I took away from our conversations. As you read the following thoughts and experiences, allow yourself to be inspired and motivated to continue to contribute and participate within our great Fraternity.



Brother Dr. Latha Radhakrishnan

According to Brother Dr. Radhakrishnan, time is one of the biggest challenges in staying involved. In addition to her duties as a faculty member at UIC, she serves as Grand Vice Regent of the National Executive Committee and is involved and in correspondence with Brothers all over the country. Still, "giving back" is her passion and I think each of us can see that through all the positive contributions she has made towards Chi Chapter and the fraternity as a whole throughout the years. As GCD, she has expressed her feelings that "it's really what the chapter wants." Her goals include helping us reach some of the national objectives and supporting the ideals of our individual Chapter by providing us with the autonomy to direct its growth. Finally, as a National officer, her biggest recommendation is to not "lose excitement from pledging. Stay active and participate!"

Chi Chapter hosts many events and opportunities, both social and professional. Furthermore, there are National and Province committees available for all Brothers to join and participate in. She concludes, "Don't be afraid to make an appointment with me or drop by my office if I'm available."



Brother Dr. Maya Campara

As a Faculty Brother who is looking for opportunities to stay involved with Kappa Psi and support the student members of Chi Chapter, Dr. Campara mentioned that timing is a challenge. However, through roundtables, projects, and volunteer opportunities, she hopes to be able to participate in events hosted by the chapter as an avenue to connect with more students. Being invited to opportunities to present and speak to students along with helping out in activities, is one of the reasons Brother Dr. Campara

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is enthused to be our GCD. One of her recommendations for students is to approach faculty they are interested in working with and asking about opportunities to learn and gain experience. “The worst they can say is no” is something really important to keep in mind. This is one avenue she recommends to connect with the student population and encourages students to reach out as well. As a recommendation for getting involved beyond the school level, she recommends reaching out to students and faculty from other Chapters and at times, showcasing some of the students in traditional events such as a P4 roundtable coordinated between different chapters. “Interaction” is key when networking outside of one’s own Chapter, but even more importantly so when approaching faculty for projects. According to Brother Dr. Campara, “E-mail is great for initiating conversation and setting up a meeting, but it’s difficult to have a conversation over it.”



Brother Dr. Louise Parent-Stevens

Dr. Parent-Stevens has recently seen a shift in her faculty responsibilities that place her more often on campus with students. As a result, she has better access to actively participating within Chi Chapter. Like with the previous interviewees, being a faculty member is time consuming and often takes away from time enjoying other activities and hobbies. Despite this, Dr. Parent-Stevens has made time to attend many of our meetings (including our most recent formal body meeting) and the benefits she expressed of attending these functions have been the “joy of seeing from a

different perspective” and being able to “get to know the students as people.” As GCD, she wants to help our chapter host events and activities that have “depth and are consistent” and for the Chapter as a whole to make a “bigger difference.” For connecting with Brothers from other chapters, she emphasized the importance of “networking” and being open to correspondence from Brothers in other Chapters. An example she suggested was being able to have a mixer with our Rockford Brothers (Epsilon Rho) and possibly do a panel with them.

As faculty members, our GCDs are amazing sources of information, experience, and Brotherhood. They have the students’ professional development in mind and recognize initiative and commitment. Brother Dr. Parent-Stevens suggests students who are interested in shadowing professors “make sure they do their homework first.” At the same time, all three are open to chatting (when available) and we are very excited to work with them in the future.



Left to right: Brothers Tanja Alavanja, Minji Kim, Rebecca Mousseau, and Susan Sam



Left to right: Brothers Albert Xu, Anthony Chiang, and Michael Tung



Left to right: Brothers Irene Park, Kari Nishikawa, Patricia Pernal, and Robin Frank

What Being a Member of Chi's Ritual Committee Means to Me

by Brother Xuxuan Liu

My experience within Kappa Psi has been an incredible journey. Originally coerced into pledging by some of my fellow classmates, I slowly became enlightened to the meaning of "Brotherhood," an alien concept to me at the time. As I observed the Brothers and their dealings with fraternal business, I noticed Kappa Psi was quite different from other organizations. There is a passion unlike anything I had ever experienced that spoke to a higher goal than just the immediate. It was more than just the goal to keep the fraternity afloat, but a charge to grow and improve not only our chapter but also our region, and the fraternity-at-large. I caught onto that vision and, upon initiation, developed hopes of becoming involved and trying to make my own contributions, no matter how small.

This goal led me to join the Ritual Committee. At first, simply having a speaking part was exciting; however, as I reflected upon the words of our order, they became more than just phrases and hollow sentences. In them were reminders of how to treat one another, of the true meaning of

belonging to the Fraternity, and an understanding that, no matter where we end up, strong Kappa Psi hands are there to help and guide us on our way.

Here was the true realization of what unity meant: despite our shortcomings, despite our

numerous character flaws, as a family, as a Brotherhood, we are strong. Our bond goes deeper than our regular encounters, and I will always cherish my experiences with the committee, as I have learned so much about the Fraternity, and myself.

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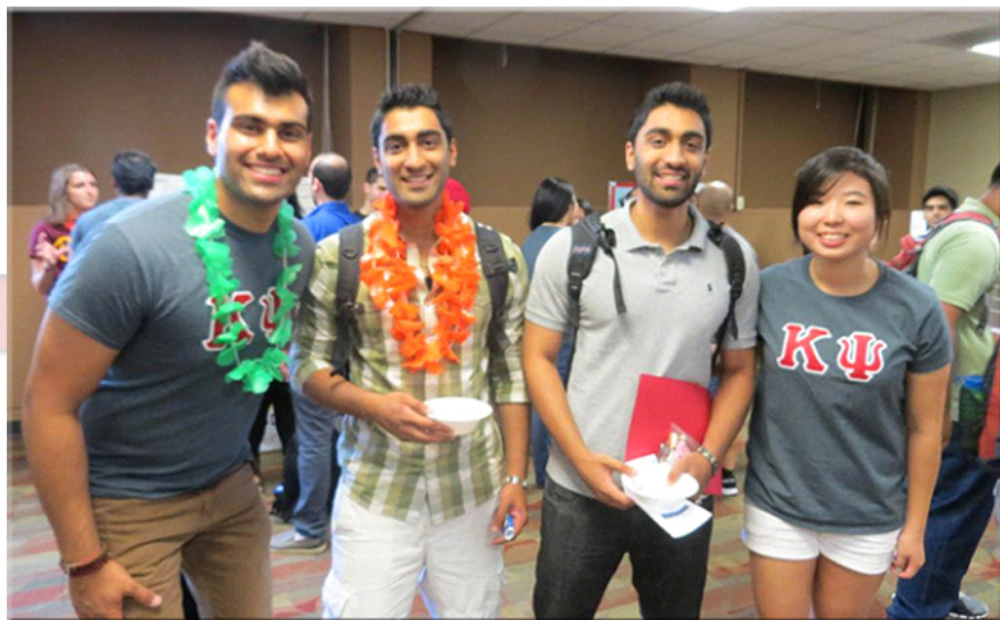
Xi Class Pinning Ceremony 2014

Big Brother Xuxuan Liu (Right) and Little Brother Timothy Kim (left) pose for a picture

A Tale of Brotherhood

by Brother Hasan Siddiqui

It has been nearly one year since I became a Brother of Kappa Psi, and I have never felt more privileged and more appreciative of the people I now count as Brothers. I have had my fair share of ups and downs, smiles and tears, throughout my first 3 semesters at pharmacy school, and my Brothers have always been there for me. My appreciation for my Brothers can be expressed within several stories, but there is one particular incident that stands out to me the most. In late October of this year, I unfortunately suffered an injury during a Chi Chapter intramural basketball game on campus. During a rebound, I leaped for the ball and passed it to one of my Brothers, and, as I came back down, my foot lost traction, resulting in a sprained



Org. Day

Brother Hasan Siddiqui (left) and Brother Minji Kim (right) pose for a picture with, now, Brother Melvin Joseph and Brother Jelvin Joseph.

Chi Brothers came to be at my side at the hospital. My Brothers stayed with me the entire night and ensured my proper care. Unfortunately, not all the brothers at the time could fit into my small car, but Brothers Anthony Chiang and Xuxuan Liu insisted that they were not going to rest until I was home. Staying with me until 2 am, they carried me to my car,

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ankle. I didn't think anything of it, besides the annoying pain that followed, but the EMTs insisted I go to the hospital and have it checked for irregularities. I dreaded the hospital visit, because I knew I was going to be in for a long and difficult night. I didn't expect anyone to help me or stay with me, so I went to the hospital alone. To my surprise, a team of

drove us to grab a late-night meal, then drove me to my house 30 minutes in the other direction, and asked for nothing in return. When I was finally resting in my bed, I began to reflect upon how honored I am to have friends such as these. Friends who are willing to put my needs above theirs, to me, denotes more than friendship, it demonstrates Brotherhood.

Halloween at the Ronald McDonald House

By Brother Susan Sam

In late October, Chi Chapter hosted a Halloween event as part of the Family Activities Program at the Ronald McDonald House near Lurie Children's Hospital in Chicago. We previously volunteered at the House in the spring when we prepared and served brunch for the families through the Meals from the Heart Program. Since that great success, Brother Rebecca Mousseau introduced the idea of getting involved with the Family Activities Program, and we decided to host a Halloween-themed event. The program welcomes volunteers to provide activities, such as arts and crafts, for the families
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to make them feel more at home. At our event, we provided pumpkins for the families to paint and decorate and a Halloween-themed word search puzzle for the children. The Brothers, who were dressed in costumes, painted their own pumpkins alongside the families and shared many laughs with the children. In total, we helped brighten the days of more than 15 individuals who attended our event. It was a great way to not only showcase

our artistic talents, but also reach out to the families and help put their minds at ease after spending the day with their loved ones in the hospital. This event was a rewarding experience for the Brothers, and the families and staff were appreciative of our time and effort. We encourage other chapters to reach out to a local Ronald McDonald House near you and join us in supporting this incredible organization by hosting your own event!



Volunteering at the Ronald McDonald House for Halloween
Left to Right; Back row: Brothers Sarah Chismark, Alisha Patel, Susan Sam, Chris Allen, Diana Mei. Front row: Brothers Thuong Pham, Michelle Lee & Emily Armgardt.



Pumpkin Painting at the Ronald McDonald House for Halloween
Brothers Diana Mei (left) and Alisha Patel paint their pumpkins alongside the families at Ronald McDonald House.

Leadership – Experiences that Last a Lifetime

by Editor Brother Albert Xu

Since my initiation into Kappa Psi, I continue to be amazed by the number and variety of leadership roles that Chi Brothers commit to. This year, Brothers serve on various E-boards of the student organizations, conduct research with faculty members, volunteer at a variety of health fairs and outreach events, and participate in many different activities. When pursuing leadership opportunities, competition almost always exists in

"PASSION CAN LEAD TO CREATIVITY AND CREATIVITY OFTEN LEADS TO INNOVATION."

some form. For example, when running for an executive board position, multiple individuals may apply for the same position. Distinguishing oneself from others is an incredibly important skill to develop. First and foremost, one of the most important aspects of a leader is to recognize areas in which you have the most passion or interest. Passion can lead to creativity and creativity often leads to innovation.

One of the phrases most repeated in pharmacy school is "Pharmacy is such a small world." Networking is incredibly

important in attaining a position of interest.
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Faculty often must choose a limited number of students from a large number of qualified applications for their research teams. Volunteer events can only accommodate a limited number of volunteers. And executive board candidates are often voted upon by the students within an organization. Networking early on is incredibly important to establish contacts who can describe your skill and dedication. Experience is also important for students who apply for different jobs and internships.

Finally, it's important to remember that being an executive board member is not the only way to cultivate leadership skills. Joining committees, conducting research, participating with group projects, are additional avenues to

develop leadership skills. To close off this article, remember that it's not an E-board member that becomes a leader, but a leader that becomes an E-board member. To my fellow Brothers; I encourage you to attend volunteer and outreach events. Never say no to an opportunity that fits your interests and gain experience from everything you do. Keep in touch with your contacts and don't be afraid to ask for advice or help. Remember that every opportunity is like a door. Some doors close before you get a foot in but many more will open. Never give up. I know you will find an opportunity that fits your interests and goals and I hope you pursue it. The experience gained truly lasts a lifetime.

Chi Chapter's Xi Class



Xi Class Initiation

Xi Class poses together for the first time as the newest members of Kappa Psi's Chi Chapter together with their Pledge Parents (Shayna Acance and Arturo Aguirre) and Vice Regent (Hardik Patel)

Pledging

by Brother Jamie Thomas

It is safe to say that I had no idea what I was getting into this past September when I decided to pledge for Kappa Psi. I knew the Brotherhood stood for ideals I valued: respect, loyalty, Fellowship and Professionalism. I felt inspired by the leaders in the organization, seeing how they positively affect the UIC campus. As a former teacher, I

am not a typical pharmacy student and felt a little out of place, so I had to choose: face the next four years with a support system of Brothers or do it without one. Getting to know my pledge group leaders reinforced my choice to pledge for Kappa Psi. This first group of contacts provided support and showed me that I was not alone in the pledging process.

Taylor Street Night is an event during Chi's pledging season in

which pledges travel with their pledge group leaders to different Brothers' houses and play games and eat food. Before entering the first house, there was just enough tension, pressure, and nervous laughter to remind us that we had to be chosen for a place within the Brotherhood. We knew they were looking for the right people. Quickly, the mood lightened, as we were invited into the homes

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of our potential Brothers. We laughed, ate, and played the weirdest game of charades.

Each week added more stress, more work and less time, as you fought the nagging feeling that you were always behind in something. Learning as much as possible about Kappa Psi and its history, while adjusting to the rigor of pharmacy school, was very challenging for all of us. Our pledge class thought of creative ways to get through it all. We started asking deeper questions,

listening a little longer and finding out each other's stories. It stopped being about having the right answers, but rather about

being there for each other. As my perspective shifted, I kept thinking about that night on Taylor Street. I realized that the

Brothers of Kappa Psi balance the pressures of graduate school, work, social and family lives - all while making room in their homes for us new potential Brothers. That night served as a constant reminder that the challenging pledging process was worth it, because ultimately we would grow to value the Fraternity as much as the current brothers.



Special Olympics

Brother Jamie Thomas (back left row) enjoys the rainy day surrounded by her pledge class and active brothers

"I REALIZED THAT BROTHERS OF KAPPA PSI BALANCE THE PRESSURES OF GRADUATE SCHOOL, WORK, SOCIAL, AND FAMILY LIVES - ALL WHILE MAKING ROOM IN THEIR HOMES FOR US NEW POTENTIAL BROTHERS."

Report from Our Proud Pledge Mom

by Brother Shayna Acanse

As a proud third year Brother of Kappa Psi, I was very excited to give back to this Fraternity by serving as Pledge Mom. While pledging for Chi Chapter is a jam-packed six weeks in itself, the process really began months ago. Along with Pledge Dad Brother Arturo Aguirre and Vice Regent Brother Hardik Patel, I began the preparations for the pledging season immediately following my initiation

into the executive board. We had to sift through applications for our Pledge Committee, outline the schedule, reserve rooms and venues, plan events, buy supplies, assemble rush materials, and hold several meetings over the summer, among other tasks. It was stressful to say the least, but, quite frankly, I was enjoying myself more than anything else, once the season was underway. I loved the experiences of getting to know each of my pledges on a personal and professional level, guiding them through pledging, letting them vent to me when they were stressed, studying

together, or just simply hanging out outside of school. But my favorite memory will probably be the moment when everyone found out that they were going to be initiated. After a long and grueling night, the pure joy that filled the room was unforgettable, because, in that moment, I really felt like a proud mother. I am so proud of what my pledge babies have already accomplished, but this is only the beginning. I have no doubt that each one of them will contribute something great to our school, our Fraternity, and the Profession of Pharmacy.



Graduate Brother Roundtable

Left to Right; Back Row: Brothers Dr. Saad Ali, Dr. Ken Kurek, Dr. Stewart Chung, Dr. Nahome Fisseha & Dr. Aalok Shah.
Front Row: Brothers Dr. Renee Advincula & Dr. Jenni Snyder.



Brotherhood at a White Sox Game

Collegiate & Graduate MAP Brothers enjoy a White Sox Game during the summer

Engaging with Alumni and Graduate Brothers

by Editor Brother Matt Holderly

Throughout the summer and fall, Chi Chapter Brothers have interacted with our Graduate and Alumni Brothers in many ways. We were very pleased to

have hosted several events, including a career and residency roundtable and our annual alumni & pledge mixer, in which our Alumni and Graduate Brothers were able to participate. Our Graduate Brothers were also gracious enough to offer their expertise in helping Collegiate Brothers update and improve their resumes and curricula vitae - we would

like to thank them profusely for this much-needed aid! Additionally, many of our Brothers were able to enjoy a White Sox baseball game with Illinois Graduate Brothers over the summer. The Brothers of Chi Chapter look forward to finding more ways in which we can interact and engage with our Graduate and Alumni Brothers this spring and beyond!

KAPPA PSI: CHI BROTHERS

