

AUGUST 2014

# KΨ Chi: Summer Edition



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## Letter from the Editors:

Greetings, Brothers!

We are very excited to be the new co-editors for Chi Chapter's Newsletter! We are distributing this summer newsletter to update all Brothers on what Chi Chapter has been up to since Fall 2013. We had a busy Pledge Season, culminating in the initiation of 46 new Chi Brothers! On November 23rd, 2013, many Chi brothers attended the chartering of our newest Mid-America Province chapter - Epsilon Omega. Our bonds of Brotherhood were strengthened during our annual ski trip and formal. On April 25th, 2014, Chi Chapter hosted our first conclave as part of Mid-America Province and earned the title of Chapter of the Year for Mid-America Province. We also started our own award-winning Philanthropy Committee to support the International Philanthropy Project, American Red Cross, and the Mid-America Province Philanthropy Project, National Alliance on Mental Illness (NAMI). In Spring of 2014, we celebrated the graduation of our newest Alumni Brothers through the Graduation Ritual, and Little Brothers were given the opportunity to place cords on their Big Brothers.

We are especially proud to present you with KY Chi: Summer Edition, because we were able to work efficiently together with a committee of Chi Brothers. Even though we are all on Summer break, our team of 8 Brothers, including Brother Karen Kang, Brother Ina Liko, Brother Ridge Lin, Brother Tyler Ludwig, Brother Patricia Pernal, and Brother Albert Xu, believed in this project and expended the time and effort to put it together. Therefore, this newsletter is a testament to the value of Fellowship that our Fraternity holds dear. Finally, we would like to thank all of the Brothers who expend valuable time reading this newsletter!

Proud to Be Your Brothers,  
KΨ Chi Newsletter Co-Editors  
Matt Holderly & Rebecca Mousseau

Kappa Psi Pharmaceutical Fraternity, Inc.

Chi Chapter—University of Illinois at Chicago  
College of Pharmacy

### Chapter News:

**\*Epsilon Omega Chartering:** Many Chi brothers attended the chartering of our newest Mid-America Province chapter at Rosalind Franklin University on Saturday, November 23rd. Four of the initiated pledges were Littles of Chi Brothers, including Brother Gerry Lagua (Little of Matt Siena), Brother Donna Marinier (Little of Dr. David H. Kim), Brother Bhavin Patel (Little of Dr. Kelsey E. Johnson) and Brother Andrew Ruettiger (Little of Mike Gannon)!

**\*Mid-America Province Awards:** Chi Chapter earned Chapter of the Year and the Philanthropy Award.

**\*P4 Liaisons:** Our newly-elected P4 Liaisons are Brothers:

Matt Siena ([kymaptreasurer@gmail.com](mailto:kymaptreasurer@gmail.com)) and Ed Kazyanskaya ([kymapchaplain@gmail.com](mailto:kymapchaplain@gmail.com)).



### Special Announcements for Chi Brothers:



*Congratulations to the Class of 2014! Good luck on your residencies, fellowships, new jobs, and the job hunt!*



## Summer Birthdays

### Happy Birthday to Brothers:

Reena Patel (5/12), Ed Kazanskaya (5/13), Rebecca Mousseau (5/13), Dr. Kelsey E. Johnson (5/14), Diana Takouam (5/14), Arturo Aguirre (5/16), Dr. Jenni Snyder (5/16), Kari Nishikawa (5/17), Albert Xu (5/24), Lily Lee (5/26), Anmin Wang (5/28), Connor Perkins (5/31), Yeran Vayvayan (5/31), Yafang Cheng (6/2), Brendan Spence (6/7), Ridge Lin (6/13), Thuong Pham (6/15), Dr. Quanglong Truong (6/18), Joanne Chung (6/20), Irene Grace Park (6/21), Joel Ling (6/26), Kushal Patel (7/1), Dr. Phuong Dao (7/5), Chinmay Patel (7/5), William Trinh (7/6), Chris Adams (7/12), Conny He (7/13), Ruchik Patel (7/15), Priyam Patel (7/17), Daanish Ashraf (7/18), Matt Zhang (7/18), Issia Judeh (7/22), Dr. David H. Kim (7/23), Dr. Brook Yohannes (7/25), Jason Mei (7/27), Dr. Linda Sok (7/28), Jae Gatchalian (8/2), David Chong (8/5), Dr. Lisa Hutchinson (8/6), Brittany Manzoline (8/6), Don Ledesma (8/9), Michelle Lee (8/12), Dr. Kathy Tang (8/14), Matt Holderly (8/18), Emily Armgardt (8/20), Dr. Jian Xie (8/22), Jaimie Bhagat (8/25), Chloe Siu (8/25), Jasmine Shah (8/29), Thanh Ngo (8/30), Jordan Ordonez (8/30) and Sarah Chismark (8/31).



*Congratulations to the Class of 2015!*

*Good luck on your rotations, you're almost done!*

*\*Congratulations to newly-engaged Brothers!\**

Brother Linda Sok (to Jeff Fletcher on May 23rd, 2014) and Brother Pratik Shah (to Ms. Caitlin J. Bull on May 11th, 2014)!

Upcoming events for Chi Chapter and Illinois Graduate Chapter:

### Illinois Graduate Chapter:

Elections and the next General Body Meeting will be held July, 8<sup>th</sup> at 6:30 pm. at the UIC College of Pharmacy.

If you would like more information about events hosted by the Illinois Graduate Chapter, please contact our Alumni Chair at [kappapsichialumni.ky@gmail.com](mailto:kappapsichialumni.ky@gmail.com)

### Chi Chapter:

If you would like more information about professional events, please contact our Professional Chair at [kappapsi.pro@gmail.com](mailto:kappapsi.pro@gmail.com)

If you would like more information about social events, please contact our Social Chair at [ky.socialchair@gmail.com](mailto:ky.socialchair@gmail.com)



## *What is Kappa Psi?*

**Written By: Brother Ridge Lin and Brother Karen Kang**

Kappa Psi Pharmaceutical Fraternity, Inc. is the oldest professional pharmaceutical fraternity, with its inception on May 30, 1879 at the Russell Military Academy in New Haven, Connecticut. Kappa Psi is also the largest professional pharmaceutical fraternity, with 155 chapters (90 Collegiate and 65 Graduate

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Chapters) and more than 87,000 graduate members across the United States, Canada, and Bahamas. University of Illinois at Chicago College of Pharmacy has two Kappa Psi chapters, Chi Chapter and Epsilon Rho Chapter. Chi Chapter is for Chicago campus students, and Epsilon Rho Chapter is for Rockford campus students. We have many notable figures at University of Illinois at Chicago College of Pharmacy who are also Kappa Psi Brothers. These esteemed Brothers include Dr. Latha Radhakrishnan,

who serves as the Grand Vice Regent, the second-highest position in the fraternity, worldwide, and Grand Council Deputies Dr. Bradley Cannon and Dr. Shiyun Kim. Dr. Nicholas Popovich is our Chapter's Faculty Adviser, as well as the Associate Dean of Professional Development at the College of Pharmacy.

Brothers of Kappa Psi strive for academic and professional excellence as well as Fellowship and Brotherhood. Kappa Psi Chi Chapter and Epsilon Rho Chapter provide our Brothers with many professional projects, networking and volunteering opportunities for the advancement of our professional pharmaceutical careers. The Brotherhood of Kappa Psi is not contained only within our chapter, but is shared with Brothers all over the world. Through national functions, you can meet a diverse mix of Brothers. Although you may not know Brothers from other chapters, you will strike-up a conversation like old friends because of the common bonds you share. Kappa Psi is more than just a fraternity; it is a family and we are always here to support our Brothers academically, professionally, and socially.

To become a Brother of Kappa Psi, you must undergo the pledging process.

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*From left to right, Brothers Albert Xu, Michael Tung, Crystal Kim, Anthony Chiang, Daanish Ashraf, and Mike Carey enjoy spending time together outside of school. Photo courtesy of Brother Albert Xu.*



Chi Chapter's pledging process is six weeks of activities and events designed to help pledges better understand Kappa Psi, know the Brothers that are in it, exercise tests of loyalty and trust, and gain useful interpersonal skills that can be used in future networking events/job interviews. Pledging is also a great way to develop and strengthen bonds between you and fellow pledges that you do not know so well. The process can be challenging but is certainly rewarding as

well. This forum provides you with the best opportunity to polish your time management skills, be more organized, improve your public speaking skills and enhance your comfort with meeting new people. The series of events will not only sharpen the necessary skills that you will need to successfully go through pharmacy school but also will push you out of your comfort zone to become the better person you want to be.

### ***A Perspective on Pledging – Why Should You Pledge Kappa Psi?***

**Written by: Matt Holderly**

As a new second year pharmacy student, I have had the opportunity to reflect upon what I have done over the past year during my first two semesters at UIC's College of Pharmacy. In thinking about all of the organizations I've joined and the opportunities I've found, I can say, without a doubt, that pledging for – and becoming a Brother of – Kappa Psi was the best decision I have made yet.

Although pledging Kappa Psi gave me the opportunity to become part of the oldest and largest professional Pharmaceutical Fraternity, I came to see many other benefits as the process continued. One obvious benefit is meeting new people, including classmates, more experienced second, third, and fourth year students, and professors. However, in pledging Kappa Psi, you have the opportunity to do much more than simply “meet” other pledges and the Brothers of Kappa Psi. One of the most important tenets of our fraternity is Fellowship. This means that we will ask you to talk to us frequently, which allows you to learn who we are, while also allowing us to learn more about you. As a quiet person, pledging last year certainly helped me to become more comfortable and confident when meeting new people. In the same vein, all of our Brothers have already been through the

pledging process, so we know that talking to unfamiliar people can be intimidating. Therefore, you will likely find, as I did, that Kappa Psi Brothers are among the friendliest and most approachable people at UIC's College of Pharmacy. On the other hand, we also know that simply getting to know Brothers and other pledges alone will not be enough to make you a



*From left to right, Brothers Thuong Pham, Emily Armgardt, Anthony Chiang, Sarah Chismark, and Prital Patel pose for a group photo.*

good Brother, so you can expect that we will challenge you in many ways. These challenges will help you to learn that no Kappa Psi Brother stands alone,

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that there are always Brothers who will aid you in a time of need, often before you have asked for their assistance. Such is the way of the Brotherhood of Kappa Psi.

While we value Fellowship in our Kappa Psi Brothers, we also value hard work, professionalism, and leadership in the field of pharmacy. In our pledging process, you will not find that you need to complete meaningless tasks. We will ask that you be professional in and outside of the classroom – as we are – in addition to asking you to practice many activities that pharmacists partake in. We also expect you to be active in

research to student competitions and work in the field. Our Brothers are diverse in many ways, yet still share a strong passion for our mutual profession.

After reading this, you may think that you do not have what it takes to become a Brother of Kappa Psi; however, I would tell you to have faith in yourself and to take chances when they are presented. In all honesty, when I started pharmacy school at UIC last fall, I would have laughed at anyone who told me that I would be the next President-Elect of UIC's Pharmacy Student Council. Nevertheless, my Brothers saw this path for me, and with their support and



*Brothers pose for a picture at Cbi Chapter's annual Initiation Dinner. Front Row (left to right): Brothers Kripa Patel, Pinky Patel, and Rachel Medrano. Back Row (left to right): Brothers Hardik Patel, Arturo Aguirre, Thanh Ngo, Emily Armgardt, Numera Quraishi, and Anmin Wang*

*Photo courtesy of Brother Dr. Hyungsup Lee.*

the Profession of Pharmacy outside of our Fraternity. For example, last year, our Brothers held 3 of 5 positions on the Pharmacy Student Council (PSC) Executive Committee, were Presidents of more than half of all PSC-recognized organizations, and held more than 1/3 of all class council positions. This list merely scratches the surface of our involvement in the Profession of Pharmacy – from pharmaceutical

encouragement, I saw, and followed, this path. It is with stories like this in mind that my Brothers and I will work to provide the same support, encouragement, and fellowship to each other and those who complete our pledging process to become the newest Brothers of Kappa Psi.



***In the Circle With Your Future – The Values  
I Took From My Experience at Epsilon  
Omega Chartering***

**Written by: Brother Albert Xu**

Imagine being a part of a circle, holding hands with two people you have never met before. Imagine being in that circle, knowing you share a connection with every other person standing with you. In my time as a Brother of Kappa Psi, it's this common ground that I share with each and every Brother that I have found to be truly incredible. It's true that, as individuals, we each have our own unique qualities or attributes. This uniqueness defines us and distinguishes us from others. We recognize these unique qualities in one another, and, along with shared dreams and interests, we are drawn to one another. These are the foundations of great friendships, strong ties, and Brotherhood! As a Neophyte, a newly initiated Brother, I was very quickly given the opportunity to network and connect with Brothers from throughout the country at the chartering of Kappa Psi Pharmaceutical Fraternity, Inc. - Epsilon Omega Chapter at Rosalind Franklin.

The chartering took place on November 23rd, 2013. The Brotherhood welcomed a new chapter and 12 new Brothers. It was also the first

the Active side, it was a completely different feeling to be able to watch the Mid-America Province officers and the Grand Council initiate the 12 Epsilon Omega Pledges. Participating in this event, I felt as if I were an integral part of the initiation process. The ritual performed spoke of years of tradition, and I could almost feel the unbreakable commitment and dedication of my Kappa Psi Brothers. Standing there holding hands with my fellow Brothers connected me to them in

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ways I couldn't begin to describe. Watching the smiles on the faces of the new Initiates brought a smile to my own, and I remembered the warm feeling of when I first was surrounded by the clapping and cheering. I had an opportunity to catch a glimpse into the Epsilon Omega pledging process that night as well, and it was interesting to hear about many of the events they participated in that were different from my own pledging process. This is normal across all



*Mid-America Province Brothers bonding. Photo courtesy of Brother Albert Xu.*

Kappa Psi event I attended outside of my own Chi Chapter. As a Neophyte, I had already gone through the initiation process, and, from a pledge perspective, it was daunting and intimidating. On

Kappa Psi chapters. Because no two pledging processes are identical, it was humbling to see how other chapters and members went through the pledging process.

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Perhaps one of the most incredible and inspiring feelings in the world is to be accepted and acknowledged by those around us. I knew only a handful of the Brothers at the event. By the end of the event, I understood a simple concept: No Brother is a stranger. I met so many individuals from a variety of fields in pharmacy. I met other students, residents, and pharmacists. However, their positions didn't matter as much as the fact that they were Brothers. The common ground and mutual interests in the room that night gave rise to fantastic conversations amongst individuals who otherwise may never have met. It's these interactions that make attending the events so appealing. "You never know if the person you're speaking to now may be your boss or a co-worker in the future," and "Pharmacy is a small world. Don't burn any bridges" are two things every pharmacy student across the country

will hear starting from the moment they step into their first class. Being in a professional Fraternity opens many doors, but it also places you into a very select group. If nothing else, attending the Fraternity events of other chapters will open doors to careers and opportunities in the future.

Looking past the events, the networking, and the fun excuses to travel around the country, it's the friendships and ties of Brotherhood that are the reasons for attending regional and national events. Kappa Psi Brothers are all over the country and world. Every year, more Brothers are added to the ranks, and, with pharmacy schools in all fifty states, there are very few areas where a Brother cannot be found. It's an exciting feeling meeting like-minded individuals. However, it is a completely different feeling meeting a Brother, someone you can call family.

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*Chi Brothers at Epsilon Omega Chartering. Front row (left to right) Brothers: Dr. Nicole Asavalertpanich, Dr. Diane Javier, Mickey Huynh, Albert Xu, Anthony Chiang, Yeran Vayvayan. Back row (left to right) Brothers: Dr. Pratik Shah, Dr. Cesar Sison, Dr. David H. Kim, Dr. Kelsey E. Johnson, Matt Siena, Rebecca Mousseau. Photo courtesy of Brother Albert Xu.*



Acquaintances can have a memorable and fun time. Brothers have that, while developing a true bond with one another. According to Executive Director Brother Johnny W. Porter, one of the greatest joys he has is watching new generations of pharmacy students join the Brotherhood. As someone who has been a Brother for many years, he has seen many successive classes of students join Kappa Psi and go on to become amazing Graduate Brothers. Those memories must be

incredible. Watching my first Initiation from the Active side, I got a sense that, in ten or fifteen years, I'll have incredible memories to look back upon as well. For the fresh Neophyte, the Active in school, or a Graduate Brother, staying connected to Kappa Psi is well worth it. The connections and memories will last a lifetime and may someday be a bridge to an opportunity that could be life-changing.

### ***Chi Conclave – The first, but certainly not the last!***

**Written by Brother Matt Holderly**

like to heartily thank Brother Jasmine Shah, her Province Conclave Committee, and the many Faculty and Graduate Brothers who worked

While some Brothers have attended many of Kappa Psi's conclaves, many newly-initiated Chi Chapter Brothers, including myself, were very excited to participate in their first province conclave this past spring, on April 25th & 26th. However, this conclave was unique in that it was also Chi Chapter's first opportunity to host the meeting as a part of Mid-America Province. Many Collegiate and Graduate Brothers worked with Chi

Chapter for over a year to make sure that our first MAP conclave was as successful as we imagined. The Brothers of Chi Chapter would



*Chi Chapter Executive Board Officers at the Spring Mid-America Province Conclave. (Left to right) Province Chair Brother Jasmine Shah, Co-Fundraising Chairs Brothers Patricia Pernal and Maria Hernandez & Historian Brother Thuong Pham*

*Photo courtesy of Brother Dr. Hyungsup Lee.*

tirelessly to ensure the success of this meeting. We certainly couldn't have done it without you!

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We would also like to thank the MAP and National Executive Committee members who were able to attend, as well as the many Collegiate and Graduate Brothers who traveled from all over Mid-America Province and those that traveled much greater distances to partake and share in the events that make our Brotherhood truly unique and exceptional. We hope to see you at the next MAP conclave held at Gamma

Theta Chapter in Kansas City, Missouri on September 5th & 6th! A summary of the events that took place at Chi Chapter's MAP conclave can be found below:

Friday, April 25th:

After mingling with Brothers, registration, and committee meetings, the first general session was completed with an informative ritual workshop presented by our former MAP Chaplain Brother Dr. Cesar Sison. Afterwards, Brothers enjoyed a dinner from Los Comales

and partook in a brotherly game of trivia in support of NAMI, Mid-America Province's philanthropy project, which raised over \$300 for the mental health organization.

Saturday, April 26th:

Kappa Psi's first female regent, Brother Dr. Louise Parent-Stevens, started the second day of Chi Chapter's conclave off on the right foot with an interesting CE seminar: Break a Leg

– Not! The Pharmacist's Role in Osteoporosis Prevention and Treatment. Following officer and committee reports, each chapter presented a unique and uplifting report of their latest activities.

These reports affirmed that each chapter has been

working diligently to promote Fellowship, Philanthropy, and the profession of Pharmacy. As the day progressed, Chi Chapter was, and continues to be, proud of our current Collegiate and alumni Graduate Brothers who were elected



*Brother Dr. Kelsey E. Johnson presents new Regent, Brother Yeran Vayvayan, with the Chapter of the Year Award.*

*Photo courtesy of Brother Dr. Hyungsup Lee.*



and installed as new MAP executive committee members. These Brothers include:

Satrap: Brother Dr. Kelsey E. Johnson

Treasurer: Brother Matthew Siena

Chaplain: Brother Edward Kazyanskaya

GCC Delegate: Brother Dr. Pratik Shah

Alternate GCC Delegate: Brother Dr. David H. Kim

Immediate Past Satrap: Brother Dr. Neil V. Patel

Following the closing of business, many Brothers attended the graduate reception hosted by the Illinois Graduate Chapter and the mafia-themed conclave banquet. After a filling dinner, Chi Chapter was honored to receive the Philanthropy and MAP Chapter of the Year awards.

We look forward to seeing you and many new Brothers at the next MAP conclave hosted by Chi Chapter in the Spring of 2019!

### ***Founding Chi's Philanthropy Committee***

**Written by Brother Rebecca Mousseau**

Last summer, I had the privilege of serving as one of Chi Chapter's delegates at the 56th Grand Council Convention. My favorite part of any Kappa Psi General Business Session is the chapter reports. You have the chance to share what your chapter is up to while getting new ideas from other chapters. I always make lists of these new ideas to try to implement them for Chi chapter. During the

province reports at GCC, I observed that many chapters had even more Philanthropy events than Chi Chapter. While Chi Chapter has always volunteered with Special Olympics and with other charities, there were many opportunities that we were not taking advantage of. After GCC, I wanted to remain involved with KY on a national level, so I joined the International Philanthropy Committee. One of our charges is to promote philanthropy, especially the International Philanthropy Project, the American Red Cross.

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*Chi Brothers at Ronald McDonald House: Meals from the Heart. (Front row, left to right) Brothers Jasmine Shah, Patricia Pernal, Yafang Cheng, Stephanie Chang, Connie Zhou, Tanja Alavanja, Joanne Chung, Selena Ko. (Second row, left to right) Stacey Pan, Susan Sam, Shayna Acance, Crystal Kim, Reena Patel, Anmin Wang. (Back row, left to right) Shabbir Ali, Yeran Vayvayan, Rebecca Mousseau, Matt Holderly, Matt Siena.*

When I returned to my home chapter, I saw the need for a Philanthropy Committee specifically for Chi Chapter. In the Fall, I discussed this idea with our Professional Chair, Brother Julie Bucek. Without her consistent support, I would not have been able to found Chi Chapter's

prosper. We volunteered at the American Diabetes Association Expo with Delta Nu and our newest Mid-America Province Chapter, Epsilon Omega. The brothers from Epsilon Omega brought many of the pledges from their Beta class, and we got to show them the level of professionalism and patient care that is expected



*Brothers Brendan Spence, Ed Kazysanskaya and Arturo Aguirre shaved their heads to raise money and awareness for childhood cancer research with St. Baldrick's.*

*(First row, left to right) Brothers Brendan Spence, Thanh Ngo, Arturo Aguirre, Jae Gatchalian, Susan Sam & Rebecca Mousseau. (Back row, left to right) Brothers Julie Bucek, Steve Petry, Matt Siena, Matt Holderly, Ed Kazysanskaya (before shaving), Maria Hernandez & Chris Allen.*

Philanthropy Committee. In the Fall, we participated in the American Diabetes Association Walk to Stop Diabetes, celebrated Halloween with kids at a women's shelter and started our monthly tradition of volunteering at Cornerstone, a local homeless shelter. In the Winter, with the participation of our newly-initiated brothers, the committee continued to

from Kappa Psi brothers. We also invited the Illinois Graduate brothers to one of our monthly trips to Cornerstone, which was a great opportunity to foster connections. We recruited blood donors with the American Red Cross at the Chicago Auto Show, which I would love to do next year for additional days throughout the week.

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My favorite event was when we prepared and served a meal for Ronald McDonald House: Meals from the Heart at the house near Lurie Children's Hospital.

Every volunteer group plans their own menu and provides the groceries. Guests especially loved Brother Tanja Alavanja's Blueberry French Toast and Brother Hugo Portillo and Brother Anmin Wang's hash browns. This event required a lot of teamwork and helped to strengthen our bonds of Brotherhood, which is the best kind of philanthropy effort.

Ultimately, Chi Chapter won the Mid-America Province Philanthropy Award for the greatest number of hours spent on philanthropy efforts. While I am so proud of our committee's accomplishments, I think we've gained a lot more than recognition. We've created an outlet for future brothers to help those less fortunate in our community, while strengthening Chi Chapter's bonds of Brotherhood. I hope we continue to support Ronald McDonald House and Cornerstone

Community Outreach. One area of improvement in the future is to plan events to support the Mid-America Province Philanthropy Project. This year, the MAP philanthropy was the National Alliance of Mental Illness (NAMI). While brothers from our chapter planned a fundraising event to support NAMI at Chi Conclave, our committee did not participate in additional projects to further the cause. One of the main goals for the committee is to support the International Philanthropy Project as well as the Mid-America Province Philanthropy Project. I hope we continue these efforts next year.

I would like to talk with anyone who seeks advice for setting up a Philanthropy Committee for your own chapter. Feel free to email me at [rmouss2@uic.edu](mailto:rmouss2@uic.edu). I want to thank every member of Chi's Philanthropy Committee. Without your help and participation, this committee would not exist. You took a simple idea I had at GCC and made it a reality, which taught me the true meaning of Brotherhood.



*Chi Brothers Supporting American Red Cross at the Chicago Auto Show (left to right) Brothers William Trinh, Rebecca Mousseau, Ridge Lin, Karen Kang.*

***Cornerstone, a Chi Chapter Philanthropy Project***

**Written by Brother Ina Liko**

Chi Chapter started volunteering monthly at Cornerstone, a local homeless shelter, last Fall. Cornerstone was founded in 1989 with the merging of a local drop--in center founded by Helen Syriac and a free, weekly Friday night meal at nearby Union Congregational Church. Single men and women have programs with Cornerstone to help them get back on their feet. They not only help the residents that they shelter but also the neighbors that live nearby.

Some of the programs that Cornerstone offers for their residents include: shelter, nutritious meals, mental health services, on-site nursing, on-site classes, after-school programs and a free store where the residents can shop for free clothing and household items.

Brothers of Chi Chapter have helped prepare and serve hundreds of meals at Cornerstone. Brothers worked hands-on, together with the Chef at Cornerstone to prepare lunch and dinner for the residents and guests of Cornerstone. ***Continued on page 12***



*Brothers of Chi and Illinois Graduate Chapters volunteer at Cornerstone. From left to Right (Front Row): Dr. Candy Ng, Brother Dalia Yousif, Brother Arwa Aldossari, Brother Kari Nishikawa, Brother Robin Frank, Brother Thuong Pham, Dr. Latha Radhakrishnan & Brother Anthony Chiang. (Back Row): Chefs at Cornerstone, Dr. Shiyun Kim, Brother Rebecca Mousseau & Dr. Elaine Moy.*



After the meal preparation was complete, Brothers served the meal to more than 100 homeless people. We then helped to wash the dishes and clean the dining room and kitchen area. All the staff at Cornerstone and guests served were very appreciative of our help. For the Brothers, this was a very rewarding experience. Cornerstone has served more than 3,200,000 meals and sheltered more than 25,000 individuals since they opened. They serve as a safety net for thousands of adults and children in temporary need of food and other services, as they overcome challenges and rebuild their lives.

We are honored to help feed and make a difference in the lives of individuals that frequently attend Cornerstone.

Throughout the summer and fall & spring semesters, the Brothers of Chi Chapter will continue serving those in need at Cornerstone. We hope that you will consider working beside us in this philanthropic effort!

[Editors' Note: For more information about volunteering with Cornerstone Community Outreach, visit their website, <http://www.ccolife.org/volunteer/>]



*Brothers Ina Liko (left) and Anmin Wang help serve the homeless at Cornerstone Community Outreach.*



*Clockwise from top-left: Brothers look on as Brothers Michelle Lee, Michelle Nguyen, Hardik Patel, and Xuxuan Liu play a competitive game of twister during the annual Ski Trip, Brothers show off their artistic side, and Kappa Psi wins the Men's Outdoor Soccer Championship.*

## ***Brotherhood***

**Written by Brother Tyler Ludwig**

As Collegiate Brothers of Kappa Psi, we are all united by our goal to become knowledgeable and caring pharmacists through our diligent work in the classroom. While this common dream is what initially brought us to the same place, it is all of the things we do outside of school that help to further cement the bonds of Brotherhood. Over the past year, the members of Chi Chapter have done their best to shed the stress of a challenging curriculum by spending some much-needed time with their Brothers. One of the best ways to decompress is to be active, and the Brothers of Chi fielded numerous intramural sports teams, including soccer, basketball, and volleyball. The annual ski trip to the Wisconsin Dells in January had a fantastic turn-

out. With cards, board games, skiing, and grilling, there was something for everyone, as we gathered together right before the start of the Spring semester.

To strengthen our bonds of Brotherhood within Mid-America Province, we did not just limit the fun to Chi Chapter. We went to play Whirlyball with our Delta Nu Brothers. If you have never experienced this exciting blend of bumper cars, basketball, and lacrosse, then you should get some friends together and go play this fantastic game. Later that semester, some Chi Brothers even discovered that they had some artistic talents as they took a painting lesson together. With the help of a more experienced painter, the



Brothers all spent a few hours together painting their own masterpieces. These fun events not only provide Brothers with an outlet to relieve

stress but also to forge unbreakable bonds with their fellow Kappa Psi Brothers.



*Brothers enjoying their time on the slopes Left to Right: Brother Thanh Ngo, Brother Kripa Patel, Brother Michael Tung, Brother David H. Kim, Brother Shayna Acance, Brother Rebecca Mousseau & Brother Jasmine Shah. Photo courtesy of Brother Melissa Dinh.*

### ***Spring Formal 2014***

**Written by Brother Patricia Pernal**

Thanks to Brother Heeyoung Cho and her awesome Formal committee, this year's Spring Formal, with its Hollywood theme, was a blast! At the Metropolitan Club, we had spectacular views of the city from the 66<sup>th</sup> floor of the Willis (Sears) Tower. The photo booth was a hit, the food was good, and the entertainment provided by our Brothers was great. Brothers Dominic Paguio and Peter Kim sang duets, while Brother Peter played the guitar. Brothers Dipa Shah and Arturo Aguirre followed their act by singing

more duets. It was their second time performing together at a Kappa Psi formal, and we wish Dr. Dipa Shah the best upon graduation. Rounding out the entertainment, Brothers Jae Gatchalian and Jordan Ordonez danced to the song Happy and surprised us with a flash mob with a number of Brothers performing, including Chi Chapter's executive board members. Of course, the annual superlatives provided everyone with a bunch of laughs. Overall, it was a great night. Thanks again to Brother Heeyoung Cho for all her hard work. Can't wait till next year!



*Chi Brothers at Formal: (Back Row, left to right) Brother Dan Lee, Brother Courtnee Ho, Brother Jim Du (Front Row, left to right) Brother Ruixuan Jiang, Brother Jae Gatchalian, Brother Emily Kim, Brother Helen Hwang, Brother Chloe Siu, Brother Lianna Serbas. Photo courtesy of Brother Jordan Ordonez.*

***Spotlight on P4 Brothers***  
**Written by: Brother Karen Kang**

**Brother Quyen Nguyen**

Quyen Nguyen was born in Vietnam and came to U.S. when she was 16. Although English is her second language, she never uses it as an excuse or lets it be an obstacle in her way of becoming a qualified pharmacist. She not only excels in academics, but also does a great job in extracurricular activities.

*Continued on page 16*

*Brother  
 Quyen  
 Nguyen  
 with Little  
 Brother  
 Karen Kang  
 at Special  
 Olympics*





She is like a big sister, always trying to take care of her KY Brothers, even though she is in fact younger than most of us. Whenever we go out and eat, she has to make sure everybody gets their meals before she starts eating. She did not hesitate to come all the way to school from her apartment during the cold winter for a brother

who forgot to bring a calculator for the exam, even though she did not have any class that day. She is caring and loving. she does not expect other people to do anything for her, but, whenever anybody needs help, she will always be there for her Brothers.

### **Brother Flor Cortés**

Brother Flor left a deep first impression with me because of her outgoing personality and the flower in her hair. She introduced herself to each and every pledge and gave hugs or blew kisses to them. In addition to demonstrating her friendly personality, she also likes to encourage her brothers to pursue things that they want to do but do not have the confidence to do. People like to show their strengths or successes and hide their weaknesses or failures. However, she is willing to share her struggles and ability to overcome obstacles to help her Brothers to discover their own potentials and encourage them to try things that are out of their comfort zone.



*Brother Flor Cortés with  
Little Brother Arturo  
Aguirre at initiation, Fall  
2013.*

# *Summer Plans for Chi Brothers*

## Written by Brother Ridge Lin

### What the P2 Brothers are up to....

- Brother Albert Xu is planning on checking out Chicago's many festivals as well as venturing into new Chicago restaurants. Albert plans on traveling to Washington D.C. and Atlantic City and getting bronzed at popular U.S. beaches.
- Brother Alisha Patel is working as a pharmacy technician at Walgreens.
- Brother Dan Gratie is planning on going to Nashville. Dan is currently conducting research through the Riback fellowship, while working at Walgreens as a pharmacy technician. He is counting down the days until the Bears season opener.
- Brother Mickey Huynh is planning to go on a Cedar Point trip with Brother Shayna Acance.
- Brother Xuxuan Liu is doing research and working as a swim instructor.

### What the P3 Brothers are up to....

- Brother Howard Wang is working full-time as a Health Information extern at UIC.
- Brothers Minji Kim, Anmin Wang, Cynthia Tan, Hugo Portillo, and Priyam Patel will be heading out to Peru for 3 weeks. They'll travel to Iquitos, Peru to assist at a clinic with Casa de Salud. They are there to help out with activities such as compounding and dispensing medication,

cleaning teeth, and measuring fittings for glasses. They will also provide health services, such as blood pressure screenings. After helping out at the clinic, they are going to tour Peru and are excited for a 4-day hike up Machu Picchu.

Editors' Note: To help support their efforts, go to <http://www.youcaring.com/other/medical-mission-casa-de-salud-peru/166020>.]

- Brother Rebecca Mousseau started off the summer by visiting Aurora, her 1-year-old niece in St John's, Newfoundland. During the summer, she will be working at CVS while volunteering at the inpatient pharmacy at the VA. Rebecca also plans on learning Spanish and practicing compounding skills.

### What the P4 Brothers are up to....

- Brother Issia Judeh went on a road trip to Indianapolis for Indy 500.
- Brother Kushal Patel went to Devil's Lake State Park over Memorial Day weekend and will be on P4 rotations this summer.
- Brother Matt Siena is on P4 rotations. This summer, Matt is spending more time with his family and is trying to get back into biking.
- Brother Steve Kang is on P4 rotations and working to get that spending cash for the summer.



## Meet the Newsletter Committee:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*

### Editors/Writers:

**Matt Holderly (holder11@uic.edu)**

“Outside of class, I enjoy many of the things you might expect a chemist enjoys – cooking, baking, etc. (if it involves mixing things and heating them up or cooling them down, I’m probably pretty good at). I also enjoy playing video games whenever possible (I’m a big fan of the original FF Tactics), various card games (poker, euchre, etc.), reading (from John Grisham to Wilkie Collins) and play league pool (billiards – 9 ball is my game).”

“There are so many great memories - just spending time with my Brothers, whether it’s after a hard exam, during the summer, at our ski trip, or even just in class, I can always count on my Brothers to keep my spirits up, make me laugh, or help me through rough times.”

**Rebecca Mousseau**  
(becca.chemie@gmail.com)

“The Usual Suspects, House (filled with perfect examples of how NOT to counsel your patients), Salad, Diet Coke, old-school Taylor Swift, my husband and my niece Aurora.”

“Last Spring, Chi Chapter hosted the Mid-America Province conclave for the first time. As I was helping to set up, I was setting out the tent cards with every chapter’s names on them. When I set out the card for Epsilon Omega, our newest MAP chapter, I was so proud, because we had helped them throughout the chartering process. I realized then that Chi’s Conclave was not only a defining moment for our chapter but also for Epsilon Omega, since it was their first time attending a conclave ever. When they presented their chapter report for the first time, I was filled with such pride for our entire province and the fraternity-at-large.”



## Meet the Newsletter Committee:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*



### Photos/Writer:

Albert Xu (axu2@uic.edu)

“Pop/rock, especially Maroon 5 and Keane, Chipotle, Dim Sum and Boba, Filet Mignon  
"On your own, you can see your hopes and dreams come to fruition. With Brothers at your side, you have someone to share your successes with and pick you up when you suffer losses.”

“Joining Kappa Psi initially introduced me to the concept of Family in Brothers all over the world. Over time, that concept of Family has only grown. Additionally, a new concept has arisen - my own smaller Family Line. After initiation, I had the pleasure of having a dinner with my Big Brothers all the way up to my Great-Great-Grand Big. Including myself, that was 5 generations of Brothers. In just that one meeting, I identified with them in ways that I doubt I would identify with just anyone. I am incredibly proud to carry on this Family Line. Joining Kappa Psi is more than fun and networking. There's a family waiting for you.”



### Layout/Writer:

Tyler Ludwig (tludwi2@uic.edu)

“The Count of Monte Cristo, The Shawshank Redemption, The Offspring, Crawfish Etouffee, Knock a Little Harder by The Seatbelts, Ghost Orchids, Siberian Huskies, Toygers  
Cogito ergo sum - I think; therefore, I am - Descartes”

“Penguins rock even though they can't fly. If they had fingers to work the instruments they would make the classiest rock band ever thanks to their built in tuxedos.”

“Road trip to New Orleans for Spring Break!”



## Meet the Newsletter Committee:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*

### Writers:

**Karen Kang (wkang22@uic.edu)**

“All Disney movies, Friends, Grey’s Anatomy, Modern Family, Game of Thrones, Linkin Park, Westlife, Avril Lavigne”

“The best memory of Kappa Psi has to be having a supportive and caring Big Brother. Pledging was not easy for me, and without her, I don't think I would have been able to make it through the whole process.”



**Ina Liko (iliko2@uic.edu)**

“Inception, Cinderella & The Big Bang Theory”

“Learning how to ski for the first time on Ski Trip!”

## Meet the Newsletter Committee:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*



**Writers:**

**Ridge Lin (rlin8@uic.edu)**

“Pokemon, Call of Duty, Hearthstone, Scrubs, How I Met Your Mother, Supernatural, Smallville, Arrow, Game of Thrones, Attack on Titan, Naruto, Freaks and Geeks, OneRepublic, The Fray, Taylor Swift

“I am a person that has a lot of hobbies. Recently, I picked up programming and stand-up comedy. My other hobbies involve sketching, poetry, playing guitar, and making inventions.”

“Participating in the twinkie eating contest during Greek Week!”

**Patricia Pernal (patriciampernal@gmail.com)**

“Joss Whedon, especially Buffy the Vampire Slayer and Firefly, older movies such as Sunset Blvd, Gone with the Wind, Some Like It Hot, and Dr. Strangelove.”

“My favorite Kappa Psi memory would be of the Ski Trip. It was really nice to spend some quality time with my Brothers.”





## Meet the New E-Board:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*

**Regent – Yeran (Sara) Vayvayan**  
(yeransarav@gmail.com)

“Coach Carter, How I Met Your Mother, Eminem, Asian Food, Basketball”

“When my Pledge Brothers and I sat around in a room at the College of Pharmacy and each shared a personal story about ourselves. It brought all of us closer together and made me realize that Kappa Psi represents true Brotherhood.”



**Vice Regent – Hardik Patel**  
(hpatel2237@gmail.com)

“Splinter Cell series, a little bit of everything”

“Ski trip in general is always fun. My favorite memory is having an arm wrestling contest. Everyone that was still awake and anywhere near the kitchen had at least one arm wrestling match.”

## Meet the Newsletter Committee:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*



Pledge Mom – Shayna Acance  
(shayna.acance1@gmail.com)

“Volleyball, Boy Meets World, Frozen, Dumb and Dumber, Harry Potter, Mario Kart Double Dash, Jason Derulo, Jay Sean, NSYNC, Hercules, Pocahontas, Rafiki”

“My favorite Kappa Psi memory would be our ski trip my P1 year, because it was fun getting to hang out and snowboard with everyone, and it was a great way to bond outside of school.”

Pledge Dad – Arturo Aguirre (arturoraa516@gmail.com)



“Shawshank Redemption, League of Legends, trying new restaurants, Modern Family, Game of Thrones Series”

“One of my favorite KY memories is going to this place called Bricks pizza where they had a food challenge. There was this pizza appropriately called the SUPER PAINFUL PIZZA because it was made really really really spicy. I went with about 8 other KY brothers and we decided to all try one slice of this crazy pizza... and you can pretty much imagine the rest. We were all tearing up, pounding water, ordering milk, and laughing at each other. One guy went to the bathroom and ran his mouth under the faucet for a bit. But before that pizza we ate the regular pizzas and they were quite delicious, but the rest of the time we were just laughing at ourselves.”



## Meet the Newsletter Committee:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*

**Sergeant-at-Arms – Crystal Kim**  
([crystal.kim07@gmail.com](mailto:crystal.kim07@gmail.com))

“Grey's Anatomy, Suits, Basketball, Sara Bareilles, Taylor Swift, Sushi & Korean BBQ”

“I'm an easy-going person and enjoy meeting new people so don't hesitate to come up to me!”

“This past year, three Kappa Psi Brothers and I spent our Spring Break in Philadelphia and Boston. We saw all the historic landmarks in each city, spoiled our stomachs with amazing food, and were even able to go to a Boston Celtics (boo) game. It was a great time of Fellowship as we experienced and shared things with each other that really strengthened our friendship. :)”



**Professional Chair – Chrissy Magnabosco**  
([Christina.magnabosco@gmail.com](mailto:Christina.magnabosco@gmail.com))

“Basketball, running and being active, being outdoors and trying new activities, Scrubs and Boy Meets World”

“My favorite KY memory is the night before our Physio final P1 year when we were studying in 2N and decided to play hide and seek instead. I hid in the recycling can and scared Jordan but Hardik won because he was hiding in the elevator.”



## Meet the Newsletter Committee:

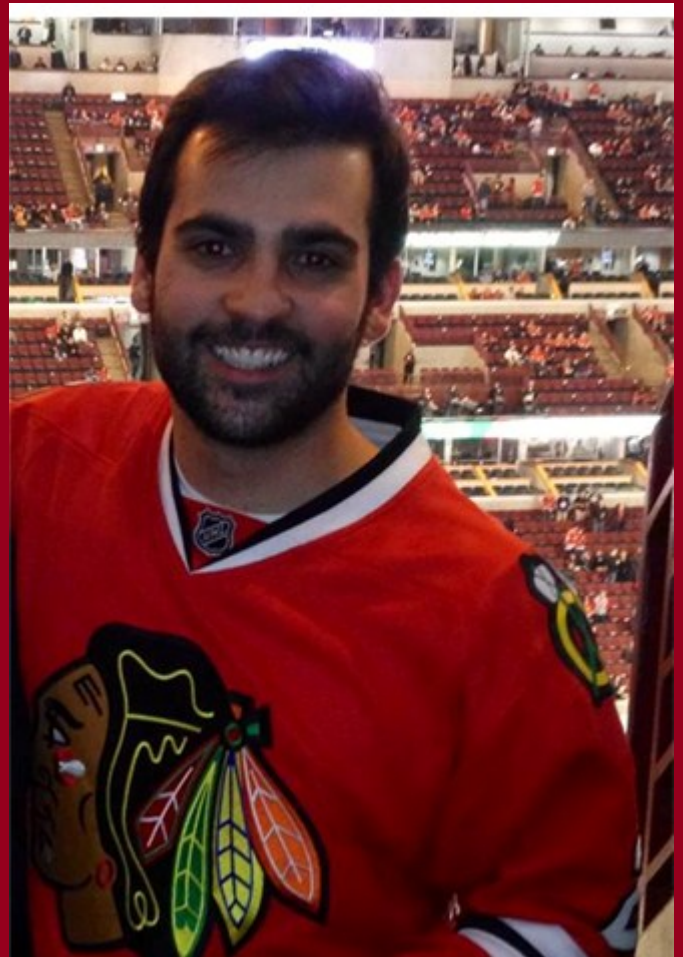
*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*

Alumni Chair – Matt Holderly  
(see above)

Treasurer – Dan Gratie ([dgrati2@uic.edu](mailto:dgrati2@uic.edu))

“Bears football, country music, Mad Men, Jay Cutler, grilling, Mike Ditka, baseball”

“Any late night study sessions. Painful at the time, but those are nights you remember”



Co-Fundraising Chairs – Patricia Pernal (see above)



## Meet the Newsletter Committee:

### *“What are your favorite things in life and your Favorite Kappa Psi Memory?”*

#### Co-Fundraising Chairs –

Maria Hernandez (hdz.maria.m@gmail.com)

“Drama novels, bachata music, acoustic rhythm songs (like from Iron & Wine and Cat Power), some punk rock (like RHCP), and Spanish pop (favorite band: Belanova), Mexican dishes (in particular pozole, mole, enchiladas, and carne en su jugo), her pet ferret named Chacho (short for "muchacho" which translates to English as "guy"), and her dog named Caricia (English translation: "to caress").”

“My favorite Kappa Psi memory is my birthday dinner that my Big Brother Arturo coordinated. I had previously confided in him that I disliked doing anything for myself on my birthday because I had a terrible experience as a kid. In case you are wondering, for my birthdays, my mom used to cook my favorite dinner, and I would invite friends over to celebrate...that is until one birth year. Out of all the people I had invited, only one showed up. It was very disappointing, and after that I decided on never planning something for myself on my birthday. Arturo had planned on taking me out to dinner to celebrate my birthday and had told me he had invited some people. I simply thought only a handful of people would go. I, however, was amazingly surprised by all the brothers who had come out that day and the awesome presents from Brother Hugo. It turned out to be a really special day that I will never forget.”

“Before starting COP, I was nervous about meeting new people and making friends. I am a very introverted person, I don't easily approach people, nor am I the kind of person to carry a conversation with strangers. I was reluctant to join a Fraternity at first, but I soon changed my mind once I got to know the Brothers in outings. It wasn't easy, I had to push myself to get out of my comfort zone and do things that I naturally wouldn't. Granted, I am still a bit of an introvert, but I'm glad to say that this didn't stand in the way of me joining Kappa Psi and making long-lasting friendships.”



## Meet the Newsletter Committee:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*

Corresponding Secretary – Rebecca Mousseau (see above)



**Recording Secretary – Stacey Pan**  
(sjpan2@uic.edu)

“Once Upon a Time, Davanti Enoteca, New Zealand”

“My favorite Kappa Psi Memory was the initiation dinner for my pledge class. It was great to see everyone together and celebrating our entry into the brotherhood.”

**Social Chair – Emily Armgardt**  
(earmga2@uic.edu)

“The Office, Seinfeld, Scrubs, Indie/Alternative music, 80’s pop music, traveling”

“Ski Trip! It was a blast hanging out with all the Brothers outside of school for a couple days.”





## Meet the Newsletter Committee:

***“What are your favorite things in life and your Favorite Kappa Psi Memory?”***

**Historian – Thuong Pham (tpham26@uic.edu)**

“Walking Dead, Grey's Anatomy, Heroes, Up, The Prestige, X-Men, steaks, salad, winter and summer, purple, Ellie Goulding, Reese's peanut butter cups, Portillo's chocolate cake, and oatmeal raisin cookies”

“One of my favorite memories was helping out at Special Olympics during pledging. It was a fun and inspirational event to be at, and seeing Kappa Psi all there to help the event run more smoothly showed me how our Fraternity can have an impact. I was able to get to know some of the actives better after spending a whole day with them.”



**Chaplain – Mickey Huynh (qhuynh5@uic.edu)**

“Lucky Number Slevin, Suits, Grey's Anatomy, Modern Family, Sam Smith, Ryan Tedder from OneRepublic, Running, trying new food/restaurants”

“Oh Mickey, you're so fine you're so fine you blow my mind...”

“Special Olympics was one of my favorite Kappa Psi memories. It was a place where the pledges were able to hangout with one another and really get to know each other outside of school. Even though the event was early in the morning, everyone came to it with a big smile on their face.”

## Meet the Newsletter Committee:

*“What are your favorite things in life and your Favorite Kappa Psi Memory?”*

Webmaster – Anthony Chiang  
([achiang912@gmail.com](mailto:achiang912@gmail.com))

“Comedy, Horror, Dug (Squirrel!), free and edible food, video games (Find me on steam and let's play! rubb3rduck1)”

“I like long walks on the beach. And by long walks on the beach, I mean naps. On my bed.”

“The friendships forged during the pledging process.”



Thank you for taking the time to read Chi Chapter's summer Newsletter! We look forward to bringing you another Newsletter this fall!

Your KΨ Chi Newsletter  
Co-Editors,

Matt Holderly &  
Rebecca Mousseau

